DATA BRIEF

Demographic Characteristics of Older Adults in Virginia PSA 20

Population

Projections

Gender, Race, & Hispanic Origin

Marital Status & Living Arrangement

Language

Educational Attainment

Poverty & Economic Status

Disability & Health

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CONTACT

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DATA SOURCES

[1] U.S. Census Bureau. (2023). Population Estimates Program Special Tabulation 2020. Retrieved from https://agid.acl.gov/release.html

[2] University of Virginia Weldon Cooper Center for Public Service. (2022). Virginia Population Projections. Retrieved from https://coopercenter.org/virginia-population-projections

[3] U.S. Census Bureau. (2023). American Community Survey (ACS) 5-year Estimates Special Tabulation on Aging and Disability 2016-2020. Retrieved from https://agid.acl.gov/release.html

[4] U.S. Census Bureau. (2022). American Community Survey (ACS) 5-year Estimates 2016-2020. Retrieved from https://data.census.gov/
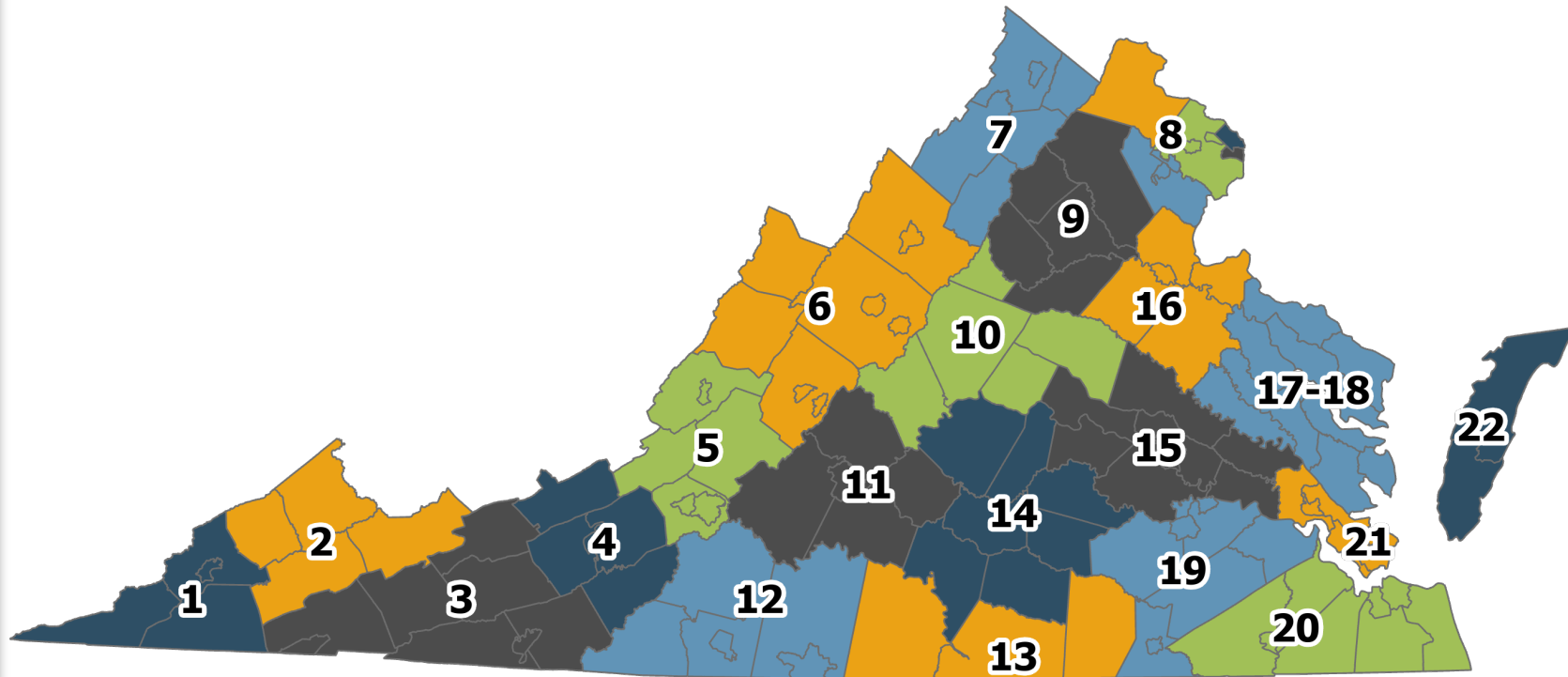
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Demographic
Characteristics of
Older Adults in
Virginia PSA 20

Planning and Service Area 20 (PSA) includes **Isle of Wight County, Southampton County, Chesapeake City, Franklin City, Norfolk City, Portsmouth City, Suffolk City,** and **Virginia Beach City**.

As of 2020, there were **243,982 Virginians aged 60+**, accounting for **20.3% of the total population** in PSA 20.[1]
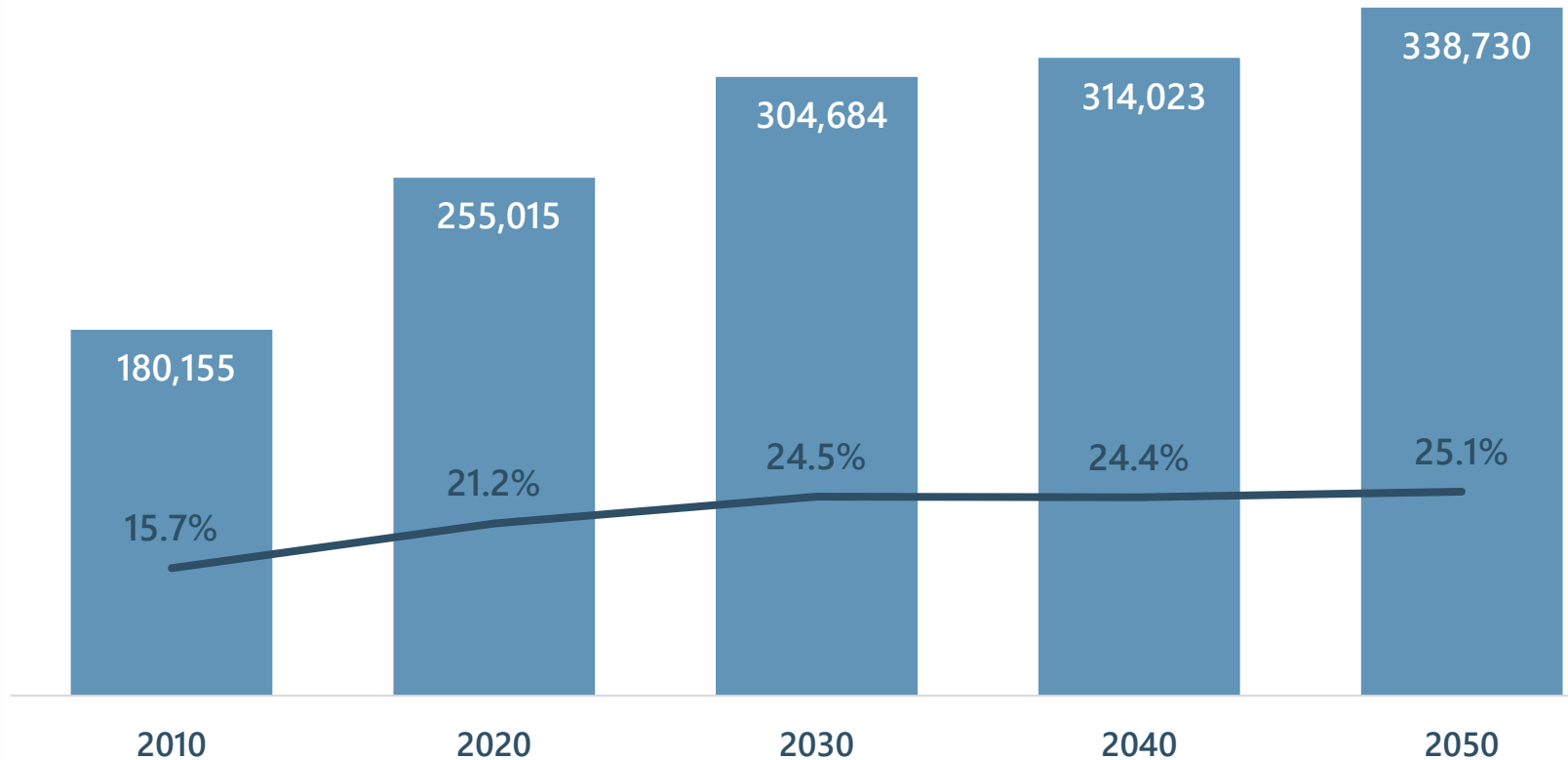
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Demographic Characteristics of Older Adults in Virginia PSA 20

2010	2020	2030	2040	2050
180,155	255,015	304,684	314,023	338,730
15.7%	21.2%	24.5%	24.4%	25.1%

By 2030, Virginians aged 60+ will comprise **24.5%** of the total population in PSA 20.[2]

The 60+ population in Virginia PSA 20 is **expected to grow steadily** but the **rate of growth is projected to stabilize** each successive decade until 2050.[2]
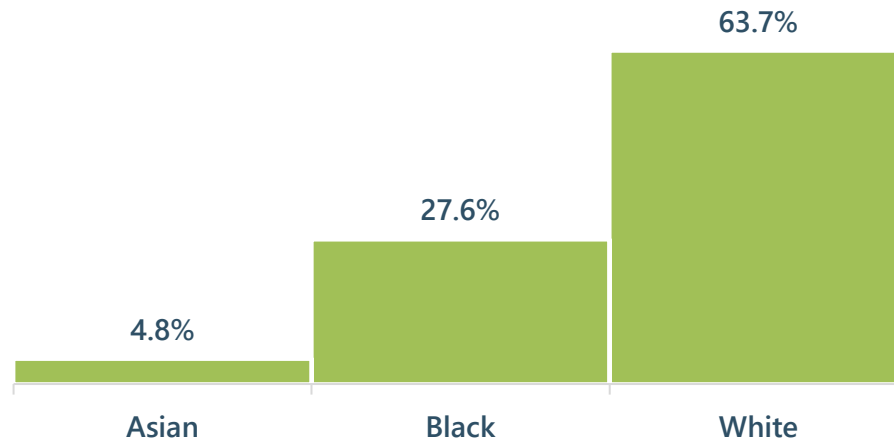
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GENDER, RACE, & HISPANIC ORIGIN

Percentage of 60+ Adults by Race & Hispanic Origin

Race	Percentage
Asian	4.8%
Black	27.6%
White	63.7%

55.4% of 60+ Virginians in PSA 20 were **women** and **44.6% men**.[1]
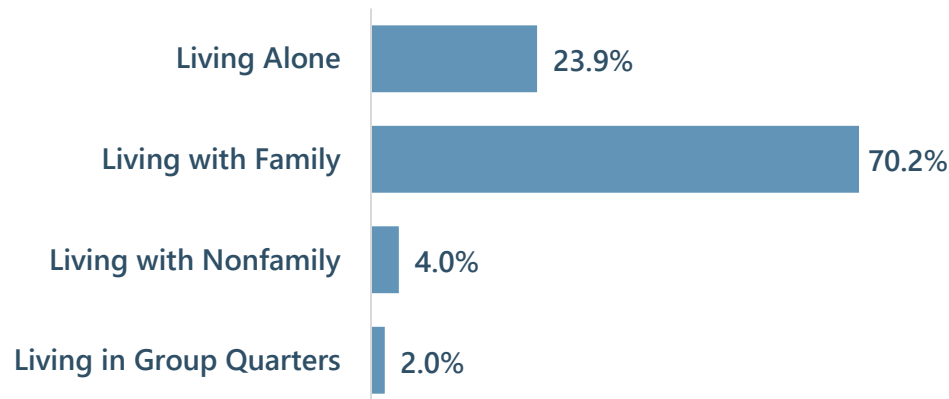
Among 60+ Virginians in PSA 20, **2.6%** were **Hispanic**.[1]

Other non-Hispanic racial groups consisted of less than 2%.[1]

MARITAL STATUS & LIVING ARRANGEMENT

60+ Adults by Living Arrangement

Living Arrangement	Percentage
Living Alone	23.9%
Living with Family	70.2%
Living with Nonfamily	4.0%
Living in Group Quarters	2.0%

23.9% of 60+ Virginians in PSA 20 **lived alone**.[3]

54.2% of 60+ Virginians in PSA 20 were married or partnered, followed by **18.7%** widowed, **16.7%** divorced, **6.3%** never married/single, and **4%** separated.[3]
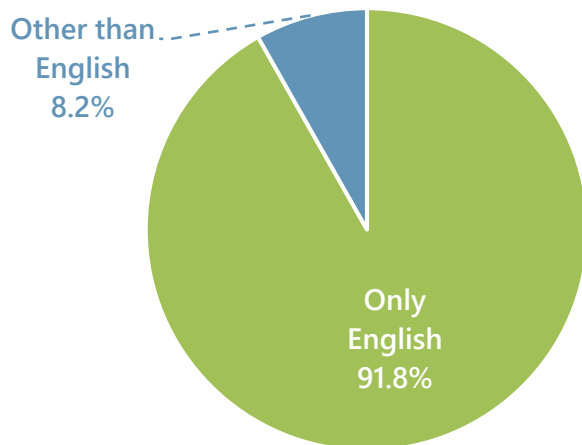
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LANGUAGE SPOKEN AT HOME

60+ Adults by Language Spoken Most at Home

Other than
English
8.2%

Only
English
91.8%

8.4% of 60+ Virginians in PSA 20 were foreign-born immigrants.[3]

Among 60+ Virginians in PSA 20, **8.2%** said they mostly **spoke other languages** than English at home.[3]

EDUCATIONAL ATTAINMENT

Less than High School	High School Graduate	Some College/ Associate's Degree	Bachelor's Degree	Advanced Degree
12.3%	27.5%	30.7%	16.6%	12.9%
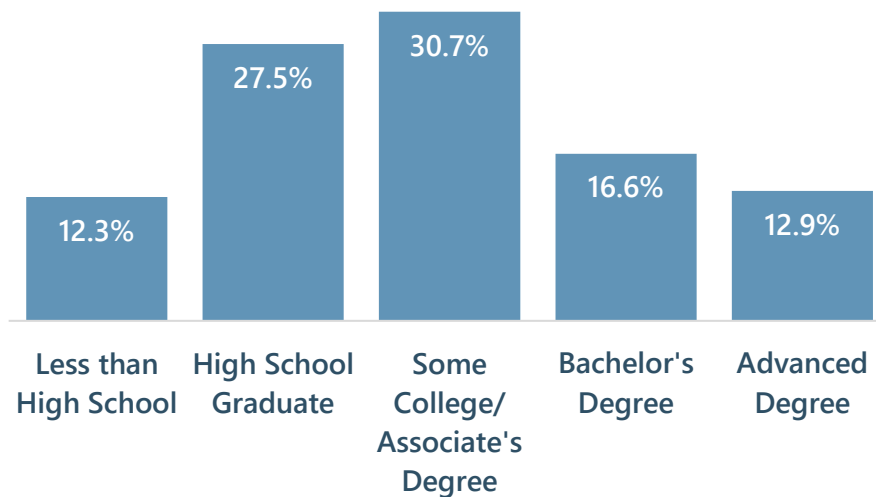
12.3% of 60+ Virginians in PSA 20 had less than a high school education.[3]

12.9% of 60+ Virginians in PSA 20 had graduate or professional degrees.[3]

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POVERTY & ECONOMIC STATUS

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7% of 60+ Virginians in PSA 20 were **in poverty**.[3]

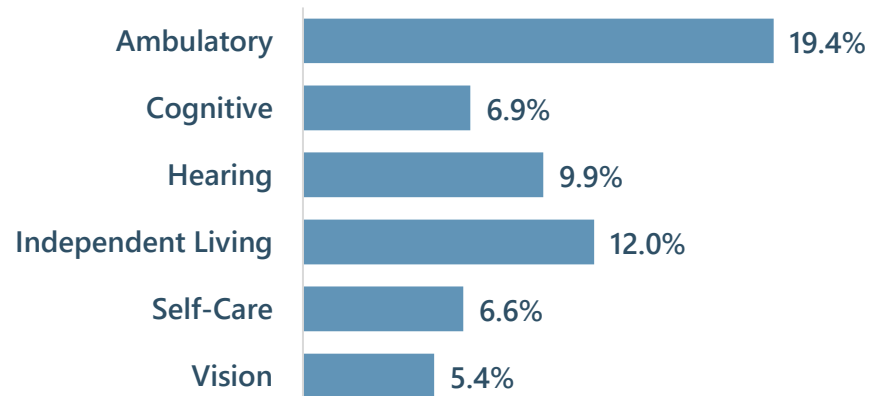**8.4%** of households in PSA 20 with 60+ older adults **received food stamps or SNAP**.[4]

23.3% of 60+ householders in PSA 20 **rented** their houses.[4]

DISABILITY & HEALTH

60+ Adults by Disability Type

Type	%
Ambulatory	19.4%
Cognitive	6.9%
Hearing	9.9%
Independent Living	12.0%
Self-Care	6.6%
Vision	5.4%

29.6% of 60+ Virginians in PSA 20 had a **disability** and **15%** had **two or more types of disabilities**.[3]

Among those with a disability in PSA 20, **1.8%** had **no health insurance coverage**.[3]

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