

# DATA BRIEF

## Demographic Characteristics of Older Adults in Virginia PSA 16



Population



Projections



Gender, Race, &  
Hispanic Origin



Marital Status &  
Living Arrangement



Language



Educational  
Attainment



Poverty &  
Economic Status



Disability &  
Health

## CONTACT

For questions and additional data services,  
contact **Sol Baik** (sbaik@virginia.edu)

## DATA SOURCES

<sup>1</sup> U.S. Census Bureau. (2023). Population Estimates Program Special Tabulation 2020. Retrieved from <https://agid.acl.gov/release.html>

<sup>2</sup> University of Virginia Weldon Cooper Center for Public Service. (2022). Virginia Population Projections. Retrieved from <https://coopercenter.org/virginia-population-projections>

<sup>3</sup> U.S. Census Bureau. (2023). American Community Survey (ACS) 5-year Estimates Special Tabulation on Aging and Disability 2016-2020. Retrieved from <https://agid.acl.gov/release.html>

<sup>4</sup> U.S. Census Bureau. (2022). American Community Survey (ACS) 5-year Estimates 2016-2020. Retrieved from <https://data.census.gov/>

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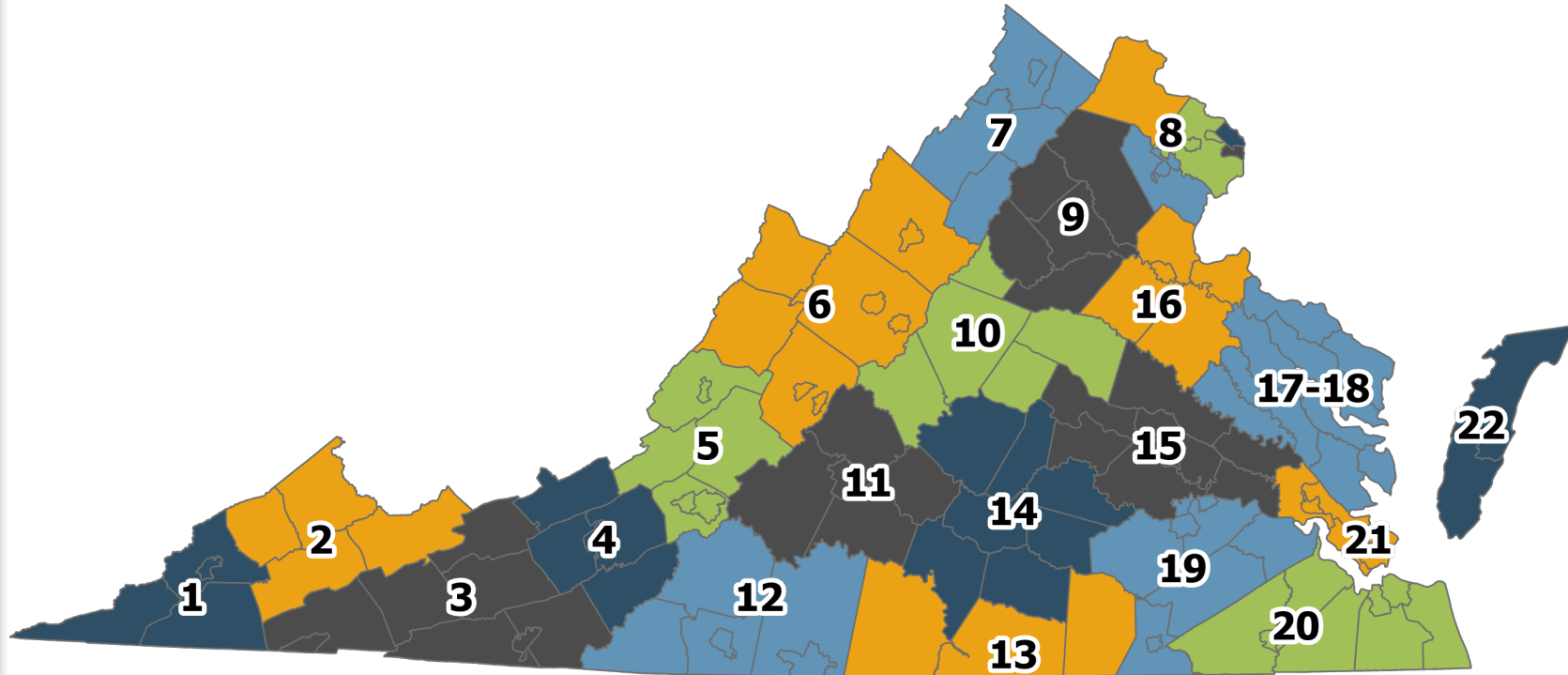


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Planning and Service Area 16 (PSA) includes **Caroline County, King George County, Spotsylvania County, Stafford County, and Fredericksburg City.**

As of 2020, there were **71,574 Virginians aged 60+**, accounting for **18.6% of the total population** in PSA 16.<sup>1</sup>

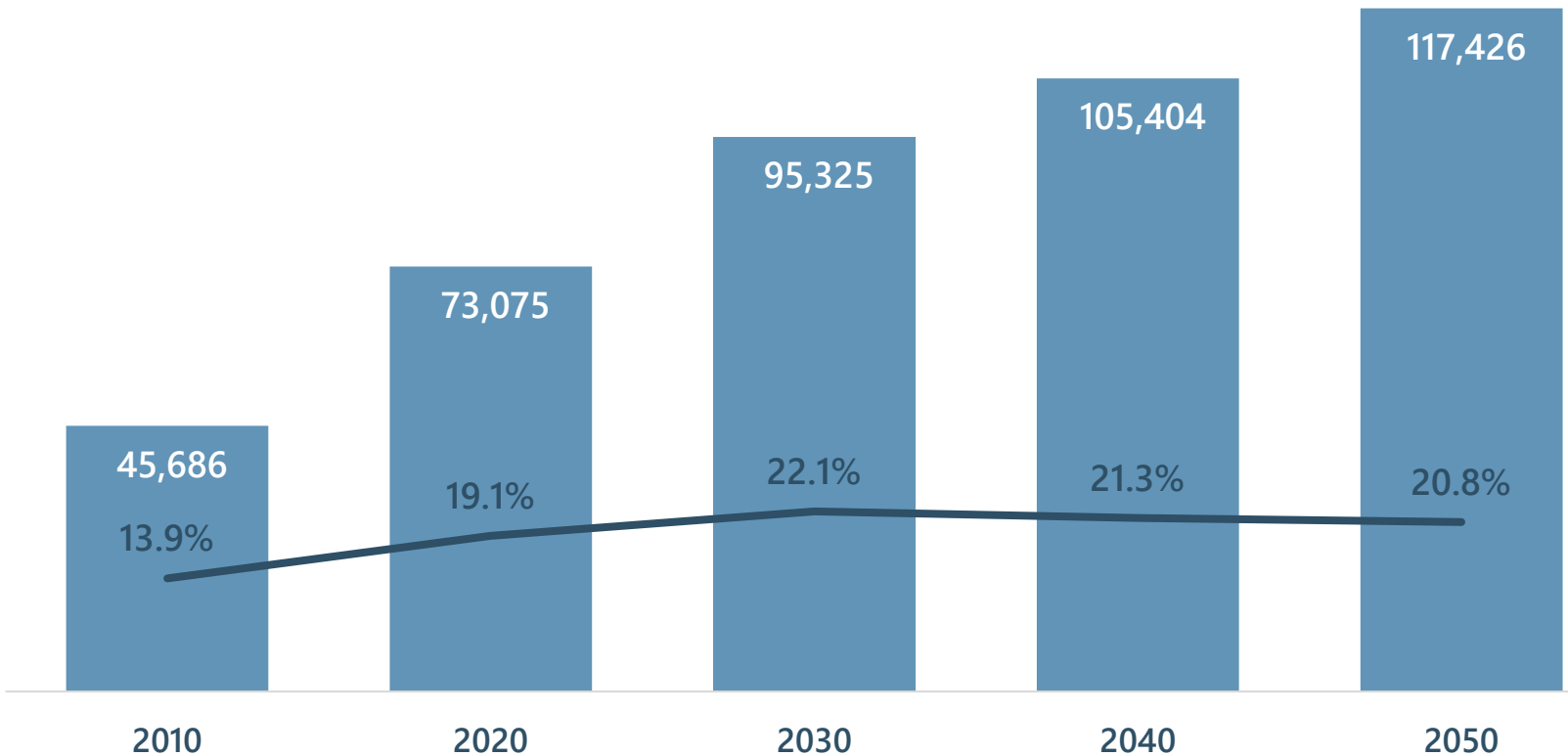


# POPULATION PROJECTIONS



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By 2030, Virginians aged 60+ will comprise **22.1%** of the total population in PSA 16.<sup>2</sup>

The 60+ population in Virginia PSA 16 is **expected to grow steadily** but the **rate of growth is projected to decline** each successive decade until 2050.<sup>2</sup>

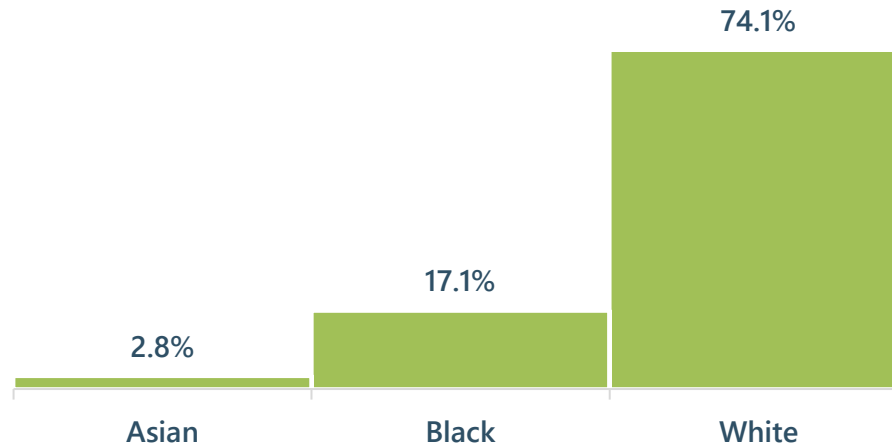


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## GENDER, RACE, & HISPANIC ORIGIN



Percentage of 60+ Adults by Race & Hispanic Origin



**53.4%** of 60+ Virginians in PSA 16 were **women** and **46.6% men**.<sup>1</sup>

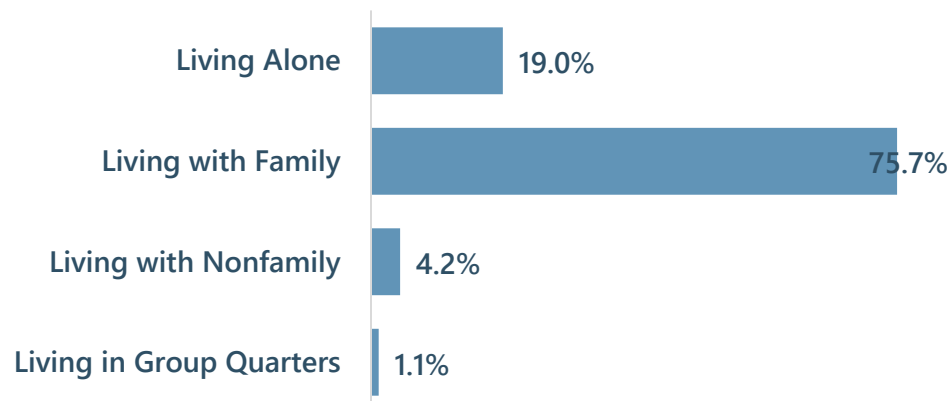
Among 60+ Virginians in PSA 16, **4.3%** were **Hispanic**.<sup>1</sup>

Other non-Hispanic racial groups consisted of less than 2%.<sup>1</sup>

## MARITAL STATUS & LIVING ARRANGEMENT



60+ Adults by Living Arrangement



**19%** of 60+ Virginians in PSA 16 **lived alone**.<sup>3</sup>

**60.4%** of 60+ Virginians in PSA 16 were married or partnered, followed by **16.7%** widowed, **14.6%** divorced, **4.4%** never married/single, and **3.9%** separated.<sup>3</sup>

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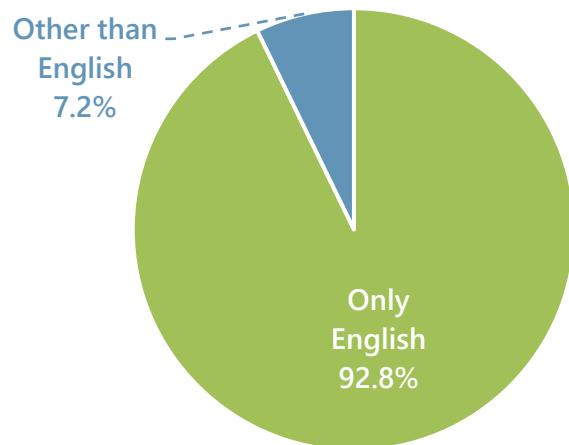


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## LANGUAGE SPOKEN AT HOME



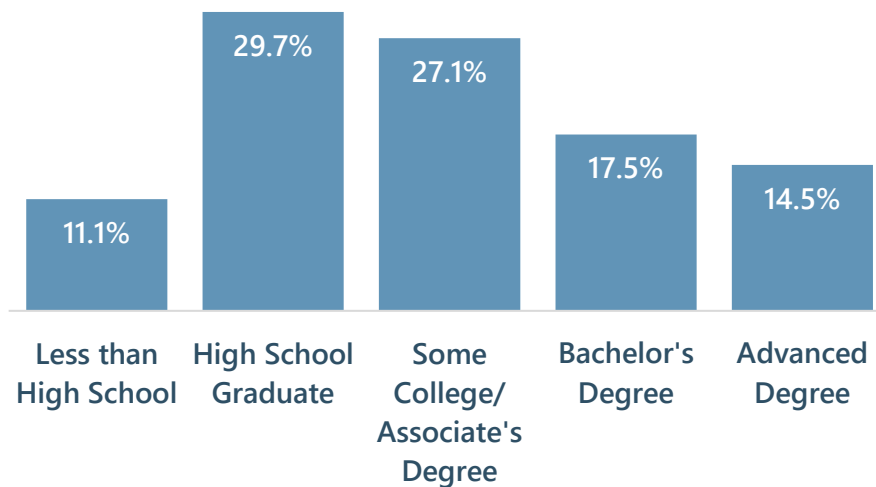
60+ Adults by Language Spoken Most at Home



**7.8%** of 60+ Virginians in PSA 16 were foreign-born immigrants.<sup>3</sup>

Among 60+ Virginians in PSA 16, **7.2%** said they mostly **spoke other languages** than English at home.<sup>3</sup>

## EDUCATIONAL ATTAINMENT



**11.1%** of 60+ Virginians in PSA 16 had less than a high school education.<sup>3</sup>

**14.5%** of 60+ Virginians in PSA 16 had graduate or professional degrees.<sup>3</sup>

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## POVERTY & ECONOMIC STATUS



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**5.5%** of 60+ Virginians in PSA 16 were **in poverty**.<sup>3</sup>



**6.7%** of households in PSA 16 with 60+ older adults **received food stamps or SNAP**.<sup>4</sup>

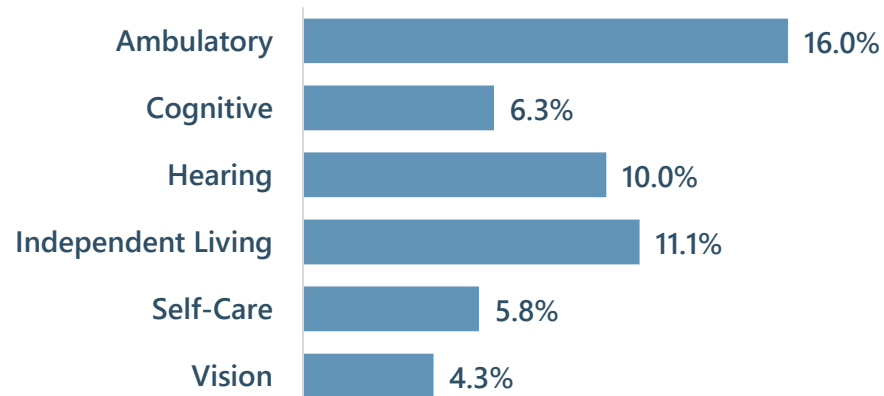


**14.8%** of 60+ householders in PSA 16 **rented** their houses.<sup>4</sup>

## DISABILITY & HEALTH



### 60+ Adults by Disability Type



**27%** of 60+ Virginians in PSA 16 had a **disability** and **13.4%** had **two or more types of disabilities**.<sup>3</sup>

Among those with a disability in PSA 16, **1%** had **no health insurance coverage**.<sup>3</sup>